



## DRINKS

### HOT DRINKS

#### COFFEE BY GYPSY ESPRESSO

Regular \$4                      Large \$5

#### CHAI LATTE/ TURMERIC LATTE/ MATCHA/MOCHA

Regular \$5                      Large \$5.50

HOT CHOCOLATE - \$5.50

BABYCHINO \$1

DECAF ADD \$0.50

TEA \$5.50

TRADITIONAL GOOD MORNING - Luxurious take  
on the traditional breakfast tea

EARL GREY-Black tea Camellia sinensis,  
bergamot oil, orange oil, blueflower

#### HERBAL

CORE -Turmeric blend with ginger and hibiscus

HEART CHAI - Masala chai blended organic  
botanicals from the Wayside Chapel rooftop  
garden

GREEN TEA DRAGON WELL -Delicate tastes of  
roasted corn and chestnut

### COLD DRINKS

COLD BREW - \$5

ICED - \$5

Latte / Chai / Chocolate

ORGANIC COCONUT WATER - \$4

COKE, SPRITE \$4

ORGANIC KOMBUCHA - \$7

Pomegranate & apple / Ginger

COLD PRESS JUICES - \$8

HEALTHY HEART Apple, celery, cucumber, kale,  
mint, pineapple, spinach.

GROOVE IS IN THE HEART Orange, coconut  
water, pineapple, passionfruit

HEART OF GOLD Carrot, apple, ginger, turmeric

MINTED HEART Apple, lemon, strawberry, mint

SMOOTHIES - \$9

BANANA Banana, honey, yoghurt, milk

MANGO Mango, banana, yoghurt, milk.

LEAN GREEN DF Spinach, celery, avocado, apple,  
banana.

ACAI DF Organic acai berry, banana, organic  
guarana.

TROPICAL DF Mango, pineapple, passionfruit,

DRAGONFRUIT DF Mixed berries & dragonfruit,

MILKSHAKES - \$7.5

Chocolate / fresh strawberry / Vanilla / Caramel  
/ Espresso

# ALL DAY MENU

## TOAST - \$7 SOURDOUGH /\$9 GLUTEN FREE

Served with your choice of Vegemite, peanut butter, Wayside honey, in-house seasonal jams

## GRANOLA BOWL - \$16.50

(GF, DF & VG option available)

Heart Signature Granola (gf), mixed berry compote, with yoghurt and seasonal fruit. Honey labne or coconut yoghurt \$2 extra

## CHIA COCONUT PUDDING (V) (DF) - \$16

Served with mango coulis, toasted coconut, seasonal fruit

## AVOCADO AND FETA SMASH (V) (VG-available) - \$19

Avocado, cherry tomato, rocket, feta, nuts and seeds with balsamic reduction on sourdough

## FREE RANGE EGGS ON SOURDOUGH TOAST - \$13

Eggs your way with sourdough  
Add extra's, see sides

## DUKKAH SCRAMBLED EGGS - \$18

House made dukkah, feta, mixed herbs with sourdough

VEGAN option available – scrambled tofu,

## TOASTIES/BURGERS

### BACON & EGG DETOX ROLL - \$14

Bacon, eggs, rocket, house-made harissa aioli, activated charcoal bun

### VEGETARIAN DETOX ROLL - \$14

Haloumi, egg, avocado, roast tomato, rocket, house-made harissa aioli, activated charcoal bun

### CHICKEN BLAT - \$15

Grilled chicken breast, bacon, lettuce, avocado, house-made harissa aioli, activated charcoal bun.

\* Gluten free bread \$2 extra

### HAM, CHEESE AND TOMATO - \$12

### MUSHROOM AND CHEESE - \$14

Garlic Portobello mushrooms, baby spinach, Swiss cheese

HEART REUBEN - \$16 Spiced pastrami, sauerkraut, pickles, Swiss cheese, Heart reuben dressing, and Dijon mustard

## VEGAN BURGER (VG) – \$16

Cauliflower & chickpea patty, avocado smash, sliced tomato, baby spinach, dried onions, chilli jam, vegan cheese on an activated charcoal bun

## DAILY FRESH SALAD \$14

Showcasing the best of seasonal produce.  
Please ask for today's salad special

## FISH TACOS - \$22

Crispy whiting, red cabbage, caramelised pineapple, jalapeno, shallots, house chilli, honey, lime & coriander mayo

## HEART CHIPS - \$8

Mix of Australian potato and sweet potato chips.

## HOUSEMADE MANOUSH FLATBREADS

Served with rocket & fennel & lemon wedge

- SLOW COOKED PERSIAN LAMB, FETA, POMEGRANATE, PINENUTS \$16
- SPINACH, MARINATED FETTA, ZA'TAR (V) \$14

## SWEETS

See counter display for full range

### HOUSE MADE SPICED BANANA BREAD WITH COCONUT AND MACADAMIA - \$8

### PASTRIES - \$5

•Heart brownie (GF) •Choc-chip cookies •Vegan choc-chip cookies •Macarons (GF VG)

### MUFFINS - \$5.50 change daily

### ALMOND, RASPBERRY & FIG CAKE(GF) - \$5.50 EXTRAS

Roast tomato \$3

Garlic portobello mushrooms \$5

Eggs Your way \$6

Hash browns \$5

Marinated feta \$5

Avocado smash \$5

Grilled chicken - \$6

Hot smoked salmon \$7

Bacon \$