



## **Hire Heart exclusively for your C2S corporate day**

Love your staff and your community? Hire Heart for your City2Surf celebrations.

Moments from the finish line in Bondi, Heart Cafe is the perfect location for a relaxed get-together with your team after the City2Surf.

Gather your crew in our bright and breezy cafe, and enjoy a delicious grazing table and drinks to celebrate the completion of this iconic race.

Heart Cafe is a social enterprise by Wayside Chapel. By celebrating at Heart Cafe, you will be contributing to Wayside Chapel's Wingspan Project, an employment program that empowers young adults who have faced barriers to employment to reach their full potential.

You can learn more about The Wingspan project and Wayside Chapel at the link below.

**[waysidechapel.org.au/wingspan](https://waysidechapel.org.au/wingspan)**

You can view our full City2Surf menu on the following page.

## **Grazing Table Menu**

### **House made sweets and pastries**

- Heart's legendary spiced banana bread with coconut and macadamia
- The best brownies you will ever eat
- Almond, raspberry and fig cake (GF)
- Coconut, lemon, cranberry and almond macaroons (GF)
- Chai spiced poached pear and coconut muffins (VG)
- Crystallised ginger, orange, coconut and macadamia muffins

### **Brunch / Lunch**

- Seasonal fruit and nut platter
- Chia pudding with caramelised maple banana topped with Heart's signature nut and seed mix
- Heart signature granola with puffed quinoa, mixed nuts, chia, coconut, cranberries, apricot cacao, mixed berry compote and coconut yoghurt
- Heart Ruben with spiced pastrami, sauerkraut, pickles, Swiss cheese, Russian dressing and Dijon mustard
- Bacon and egg detox slider with rocket, house-made harissa aioli and served in an activated charcoal bun
- Vegetarian detox slider with haloumi, egg, avocado, roast tomato, rocket, house-made harissa aioli and served in an activated charcoal bun
- Vegan burger slider with cauliflower and chickpea patty, avocado smash, sliced tomato, baby spinach, dried onions, chili jam, and vegan cheese served on an activated charcoal bun
- Fish tacos with crispy whiting, red cabbage, caramelised pineapple, jalapeno, shallots, house chili, honey, lime and coriander mayo
- Seasonal salad

## **Drinks**

### **Cold Press Juices and smoothies**

- Healthy Heart - Apple, celery, cucumber, kale, mint, pineapple, spinach
- Heart of Gold - Carrot, apple, ginger, turmeric
- Lean Green smoothie - Spinach, celery, avocado, apple, banana, coconut water
- Acai smoothie - Organic acai berry, banana, organic guarana, coconut water
- Tropical smoothie - Mango, pineapple, passionfruit

### **Coffee by Gypsy Espresso and loose leaf tea by Teacraft**

For more information, email Mo Rosa at [heartcafe@thewaysidechapel.com](mailto:heartcafe@thewaysidechapel.com)